



**AREA PLAN CONTRACT – AGING
2020 FUNDING FOR THE DIVISION ON AGING, DISABILITIES
& COMMUNITY PROGRAMMING**

Funding Priorities

**County Fiscal Year (CFY) 2020 Area Plan Contract
Estimated - \$960,000 Community Services**

Subgrant Term: January 1, 2020 – December 31, 2020

Match Requirements: 25% of Total Funding Requested

- The minimum 25% match must be non-Federal dollars
- In-Kind match may only be used for Personnel (volunteer hours and Third Party contributions) and Building Space (if donated by a Third Party)

Minimum Funding Request: \$5,000

The Aging, Disability and Resource Connection (ADRC) is a program offered in all 21 counties to provide seniors and/or their caregivers with direct access to the services needed by those 60 years of age and older. The Morris County Department of Human Services requires all agencies funded by Older Americans Act funding to participate in this program by providing consumers with the same linkages and support.

For 2020, the Area Plan Contract will be a Full Application.

Funding Specifications: In addition to participation in ADRC, all applications for Older Americans Act services will be evaluated on the basis of the following criteria:

- Services must be designated for those 60 years of age or older, frail, vulnerable or disabled populations.
- Services noted as National Family Caregiver Support Program (NFCSP) may also be designated to Caregivers of individuals over the age of 60 or individuals diagnosed with Early Onset Dementia.
- Programs may not use income as a basis for eligibility for services.
- No fees may be charged for services.
- Each program must provide clients with the opportunity to make voluntary donations to offset program costs.
- All funded agencies must address the needs of the targeted areas of impoverished, minority, frail/disabled and/or vulnerable/at-risk senior populations.
- Special consideration will be given to providers who can demonstrate enhanced coordination of existing services and cost savings through agency consolidations and/or the merger of specific services offered by more than one agency.

There is a 25% required match for Title IIIB – Aging Services, Title IIID- Evidence-Based Health Promotion, Title IIIE- Caregiver Assistance, SSBG- Social Services Block Grant and a 10% required match for SHTP- Safe Housing and Transportation.

Based on the priorities in the Area Plan Contract, program monitoring, quarterly reports and ongoing requests for services, the Division is looking to purchase the services listed below as identified by the Administration on Aging (AoA) National Aging Program Information System (NAPIS) guidelines. These services are for individuals who require assistance with the following:

Impairments in Activities of Daily Living (ADL's): the inability to perform one or more of the six activities of daily living without assistance: eating, dressing, bathing, toileting, transferring in and out of bed/chair, and walking.

Impairments in Instrumental Activities of Daily Living (IADL's): the inability to perform one or more of the eight instrumental activities of daily living without assistance: preparing meals, shopping for personal items, medication management, managing money, using telephone, doing heavy housework, doing light housework and transportation ability.

Community Services:

Information and Assistance/NFCSP: The provision of specific information or assistance to or on behalf of older persons or caregivers that provides individuals with information on services available within the communities; links individuals to the services and opportunities that are available within the communities; and to the maximum extent practicable, establishes adequate follow-up procedures.

Service Code 101/701

Outreach/NFCSP: A service, initiated by the service provider designed to locate and identify specific older persons and their caregivers in need of specific services(s) and is conducted to encourage and assist older persons to utilize a particular benefits and/or programs available to them.

Service Code 104/704

Care Management/NFCSP: The development of a coherent care plan for arranging and coordinating the delivery of multiple services to vulnerable and/or functionally impaired older individuals and caregivers.

Service Code 105/705

Transportation/NFCSP: Conveyance of older persons and their caregivers to and /or from community facilities and resources for the purpose of acquiring/receiving available services, benefits, or entitlements.

Service Code 106/706

Assisted Transportation/NFCSP: To provide an individualized linkage for functionally impaired or isolated older persons and their caregivers to enable them to utilize community facilities and services, such as banks, stores, medical resources, and other necessary destinations which they are unable to access due to transportation and/or health barriers.

Service Code 107/707

Public Awareness/Information/NFCSP: An activity conducted to promote awareness of programs, services and information of relevance to older persons, family caregivers, adults with physical disabilities age 18 and older and private-pay consumers.

Service Code 110/502

Friendly Visiting: An organized service that provides regular visits to socially and/or geographically isolated older individuals for purposes of providing companionship and social contact.

Service Code 209

Telephone Reassurance: An organized service that provides regular telephone calls to homebound older persons to assure their well-being and safety and to provide social interaction and psychological reassurance.

Service Code 210

Residential Maintenance/NFCSP: A service provided by a volunteer or paid staff person for intermittent household and/or yard care to eligible older persons and their caregivers whose health and safety are threatened because they cannot perform these services by themselves and/or are at risk of institutional placement.

Service Code 211/711

Housekeeping Assistance/NFCSP: A service provided by a volunteer or paid staff person for routine basic upkeep and management of homes, for the purpose of enabling older persons and their caregivers to maintain themselves in their place of residence by removing housekeeping barriers.

Service Code 212/712

Certified Home Health Aide/NFCSP: General support by certified and professionally supervised home health aides to maintain, strengthen, and safeguard the functioning of older individuals and families in their own homes during periods of illness or severe instability.

Service Code 213/713

Visiting Nurse/NFCSP: Services designed to maintain older persons in their own residences or community-based settings by providing skilled nursing services or therapy, thereby avoiding or deterring the need for hospitalization or institutionalization.

Service Code 214/714

Hospice Care /NFCSP: A community-based concept of care in which an organized team provides pain relief, symptom management, and supportive services to terminally ill older persons and their families.

Service Code 216/716

Emergency/NFCSP: Services designed to provide assistance to an older person and their caregivers those situations where an emergency exists and it is not possible to obtain immediate aid through existing social service agencies.

Service Code 217/717

Homesharing/Matching: A living arrangement in which two or more unrelated people share the common areas of a house (the living room, kitchen and often, bathrooms) but each person has private sleeping space.

Service Code 218

Housing Assistance/NFCSP: Assistance to persons in locating, obtaining, or retaining suitable housing.

Service Code 219/719

Adult Day Services Social/Medical/NFCSP: A structured program for adults who require care and supervision in a protective setting for a portion of a 24 hour day, with emphasis on social and recreational activities in a group setting with emphasis on the physically or cognitively impaired older adults.

Service Code 321/721 322/722

Personal Care: Providing personal assistance, stand-by assistance, supervision or cues for persons having difficulties with one or more of the following activities of daily living: eating, dressing, bathing and toileting.

Service Code 323

Legal Assistance/NFCSP: Legal advice, assistance, and/or representation provided by or under the supervision of a lawyer, in order to protect and secure the rights of older persons and caregivers.

Service Code 325/725

Physical Health/NFCSP: Screening, assessment, and treatment activities that assist older persons and caregivers to improve or maintain physical health by helping them to identify and understand their health needs and secure necessary medical, disease prevention or health maintenance services.

Service Code 326/726

Oral Health: Screening, assessment and treatment activities that assist older persons to improve or maintain oral health by helping them to identify and understand their oral health needs and secure necessary medical, disease prevention and health maintenance services.

Service Code 327

Mental Health: Mental health screening, assessment and treatment activities that assist older persons to improve or maintain mental health by helping them to identify and understand their mental and emotional health needs and secure necessary medical, preventive or mental health maintenance services.

Service Code 328

Physical Activity: Planned and structured activities aimed at improving or maintaining a person's physical health.

Service Code 330

Counseling: Services designed to assist older persons by advising them or providing them with specific information so that they can make appropriate decisions and/or choices in the arrangement for or delivery of needed services.

Service Code 329

Adult Protective Services : Voluntary or court-ordered social, legal, financial, medical or psychiatric services necessary to safeguard a vulnerable adult's rights and resources and to protect a vulnerable adult from abuse, neglect or exploitation as carried out by the designated APS provider. Vulnerable adults are defined as those 18+ who reside in a community setting, lack sufficient understanding or capacity to make and/or carry out decisions concerning their well-being due to mental or physical disabilities **AND** are subject to abuse, neglect or exploitation.

Service Code 324

Education: Formally structured classes, lectures, or seminars that provide older persons and/or their caregivers with opportunities to acquire knowledge and skills suited to their interests.

Service Code 331

Socialization/Recreation/NFCSP: Planned and structured activities and programs provided to well and functionally impaired older persons and caregivers in order to facilitate social contact, reduce isolation, and improve personal life satisfaction.

Service Code 333/733

Money Management: A bill paying service that provides older or disabled people with volunteer assistance in budgeting, the processing of routine bills, check writing, managing financial matters and/or reconciling bank accounts. The goal of the service is to provide guidance and non-intrusive bill paying assistance to maximize bill-paying capacity.

Service Code 340

Respite Care: Short term or intermittent care, provided to older persons and their caregivers either in their homes or in other appropriate facilities, because of the absence or the need for relief of those persons normally providing care.

Service Code 715

Support Group NCF CSP: A group that meets on a regular basis, formed to help relieve caregiver stress and to provide peer support, education, and information to caregivers, both elderly and non-elderly, of older persons.

Service Code 720

Group Education NFCSP: Formally structured classes, lectures, or seminars that provide caregivers with opportunities to acquire knowledge and skills that will aid them to continue in the role of caregiving.

Service Code 731

Caregiver Mental Health Counseling NFCSP: Provide individual mental health counseling to help the caregiver with the normal anger, frustration, guilt, isolation and depression that many individuals experience as caregivers.

Service Code 740

Professional In-Home Education and Support NFCSP: Provide individual education and support to unpaid caregivers at home so that they can improve their ability and effectiveness as caregivers and prolong their ability to provide care for an elderly individual or an individual who is less than 60 and has a diagnosis of early onset dementia.

Service Code 741

Trained Volunteer Assistance NFCSP: Provide well-trained, reliable volunteers affiliated with community and faithbased organizations that can respond quickly and courteously to caregivers' requests for help.

Service Code 742

Wander Safety System NFCSP: A Tracking System to assist caregivers caring for *individuals with Alzheimer's and related dementias*, that puts them at risk for harm due to wandering. This service is designed to protect at-risk individuals by having the person wear a tracking device so they may be located promptly in the event that they wander out of the home or away from caregiver. The System can be radio wave, global positioning or a similar type of remote system. **Service Code 743**

Please be reminded that all funding is subject to budget availability and is awarded at the discretion of the Board of Chosen Freeholders. Should the County receive notification of a reduction in State or Federal funds, 2020 funding and/or future funding may be reduced or terminated. Morris County will not be responsible for replacing or maintaining funding levels in the event of any reductions.

Nutrition Services:

Based on the priorities in the Area Plan Contact, program monitoring, quarterly reports and ongoing requests for services, the Division is looking to purchase staffing, administration (menu prep, reports, Nutrition Certification) and customer service for 15 Nutrition sites with \$1,104,503 of Older Americans Act Funding.

Please Note: Applications are exclusive of food costs. All meals shall be prepared and delivered by the approved county vendor.

Congregate Meals: provide staff at 15 sites to serve nutritionally adequate meals, (one-third of the DRI) to older persons. *Funding must serve a minimum of 87,299 meals to 992 older persons.*

Service Code 435

Home Delivered Meals: for the provision and delivery of nutritionally adequate meals, (one third of the current Dietary Reference Intakes DRI) to older persons in their place of residence. *Funding must serve a minimum of 276,057 meals to 1840 older persons and the Weekend Home delivered meals must serve a minimum of 17,020 meals to 244 older persons.*

Service Code 436

State Weekend Home Delivery Meals:

The provision of nutritionally adequate meals which assure, at a minimum, one-third of the Dietary Reference Intakes (DRI) to older persons in their places of residence on weekends and/or holidays.

Service Code 437

Nutrition Education: a program to promote better health through the provision of accurate and culturally sensitive nutrition and health related information for participants of the congregated nutrition program or other older adults in a group setting or homebound older adults.

Service Code 438

Nutrition Counseling: provision of individualized advice and guidance to older adults (or caregivers of older adults), who are at nutritional risk, because of their health or nutritional history, dietary intake, medicines use, or chronic illnesses, about options and methods for improving their nutritional status.

Service Code 439

This public funding may only be billed for a specific unit of service when there is no third party insurance, Medicare, Medicaid or any other type of reimbursement, in whole or in part, for that service unit.

The County of Morris reserves the right to renew Subgrant renewals for the period of January 1, 2021 through December 31, 2021, based upon annual program review and the availability of funding.