



FAMILY INTERVENTION
SERVICES, INC.

“Breaking the Stigma”

A Mending Arts® Series

Who : High School (all) ages 14-18 that want to build self-confidence, explore a positive self-image, and improve self-esteem through performance, narrative-sharing, and creative-expression.



What : **Give yourself a voice to be heard!** A creative workshop series developed for High School Students with a professional experimental filmmaker/performance director and counselor (also a music therapist). Through monologue-writing and acting, participants will discover how to embrace vulnerability and truly express one’s feelings and emotions in order to break stigmas placed on anything experienced such as socioeconomic, race, religion, sexuality, identity, mental health dx., substance use...etc. The final project will be a filmed performance of these collected stories turned-monologues.

When : **Tuesday’s from October 18-December 20, 2016 from 6:00pm 8:00pm.**
Please note that there will be no group held the night of November 8, 2016.

Where : Family Intervention Services at 20 Vanderhoof Ave. in Rockaway, NJ 07866

How : Complete an application and pay a \$25 registration fee (make checks payable to Family Intervention Services, Inc.). The application can be sent to the above address or emailed to azeis@fisnj.org. All applications must be received by **October 4, 2016**. Some scholarships are available for low-income families.

Questions? Call Allison Zeis at 973 -586-5243 ext. 320.