

MINUTES
MORRIS COUNTY YOUTH SERVICES ADVISORY COMMITTEE (YSAC)
Morris County Human Services Building, 340 West Hanover Avenue, Ground Floor
Conference Room, Morristown, New Jersey
May 21, 2015

The meeting was called to order by Chairperson Juli Harpell-Elam at 2:33pm. Members present:

Terri Belske	Jill Cerullo
Rose Marie Kill	Jessica Mondino
Derek Pivko	Beth Jacobson
Maria Augustowicz	Dave Johnson
Lila Bernstein	Kim Johnson
Juli Harpell-Elam	Dave Johnston
David Haggerty	Kathy Leonard
Carolee Marano	Laura Siemonsma-Bertelli
Jim Saylor	Jeena Williams
Amanda Montani	Samantha Denegri
Cindy Cuenca	Judge Catherine Enright

Guests: Jessica Revolorio, Tara Legates, Peter Mancusi

APPROVAL OF MINUTES

On motion of member Maria Augustowicz, seconded by member Lila Bernstein, the committee approved the minutes of the April 16, 2015 regular meeting.

PRESENTATIONS

Gina Jones from the non-profit agency, NJ Center for Tourette Syndrome and Associated Disorders presented:

- Reviewed the symptoms of Tourette Syndrome (PowerPoint attached)
- Provides non-medical assistance to families
- Virtual support groups
- Anti-Bullying presentations by youth advocates
- Provides families with referrals for doctors in the area
- Family events, walks, retreats etc.
- Education, training, outreach, professional development
- Research done at the DNA cell repository at Rutgers
- Rutgers has therapists that work on a sliding scale
- Wednesday webinars at NJCTS.org

ACTION ITEMS

No action items.

STATE AND COUNTY REPORTS

CSOC Update

Peter Mancusi from the Children's System of Care reported:

- 1) **Building Residential Treatment Bed Capacity.** CSOC has terminated the contract with Vision Quest and are moving away from Campus type programs to smaller 5 bed programs located in a residential style house in a community. We are reallocating the residential beds to new programs and organizations in the community. Stepping Stone has opened a 5 bed RTC program in Ocean Ridge/Ocean County.
- 2) **DD Stabilization and Assessment Centers: 3 five bed regionalized homes for youth(male/female) ages 16-21.** Short term (90-120 days), intensive program accessed via Perform Care on urgent/emergent basis. Youth must be DD eligible or determined presumptively eligible for DD services by CSOC. CSOC Gatekeeper will monitor admissions and re-authorizations. Assessments will be provided and goal is to return youth home with Intensive In Home services when possible. Central Region: Legacy, **Ohana House**, opened March 2015. Northern Region: Legacy, **Galen House**, anticipated to open May 28, 2015. Southern Region: Legacy, **Insieme House**, opened May 6th. CSOC will be putting out an RFP for regional Stabilization and Assessment programs for 6 to 10 year olds.
- 3) **Lighthouse Detox Center** for adolescent male/female age 13-17.99 years old will be open to all youth statewide effective July 1st. Also effective July 1st all CSOC Substance Use Contracts will move to Fee for Service. Rates will be increasing for inpatient treatment providers; however it is expected behavioral treatment will be included along with their substance abuse treatment.
- 4) **SAMHSA Grant:** CSOC has applied for a 4 year service expansion grant that will target youth in out of home placement; youth who move from one treatment program to another; and youth who return to out of home treatment after being returned home. The goals of the grant are to insure that youth receive the appropriate treatment and intensity of service from their initial contact with the CSOC. Research shows that youth who don't receive appropriate treatment during their initial out of home treatment experience are more likely to have repeat treatment episodes, and remain in out of home treatment for longer periods of time. CSOC also hopes to reduce the average length of out of home treatment from 11.5 months to a maximum of 9 months. Research shows that youth who are in an out of home treatment over nine months begin to have diminishing returns. A final goal will be to show a return on investment by quantifying what CSOC has done to identify early on the correct treatment for a child, and keep youth out of higher levels of placement. Through the grant all residential providers will be trained in trauma informed clinical treatment based on the 6 Core Strategies for Reducing Seclusion and Restraint Use developed by Kevin Ann Huckshorn. The goal is to have all out of home providers trained in the 6 core strategies. Along with this strategy CSOC will roll out to all community partners through the CIACC's the Nurtured Heart Approach that teaches children how to use their intensity of emotions for their benefit rather than against them. This approach has demonstrated that when children feel great about who they are they become more tuned in to themselves and more skilled at managing their emotions and behaviors. If CSOC is awarded this grant a pilot will be developed in Middlesex, Morris and Sussex counties. We anticipate that SAMHSA will announce grant awards in the fall. I have attached additional information on the 6 Core Strategies and Nurtured Heart Approach.
- 5) **Behavioral Health Home:** The Behavioral Health Home model will roll out in Monmouth and the Cape-Atlantic CMO's. The kickoff for the learning collaborative was held in Monmouth County on May 11th. It is anticipated that the CMO's will operationalize the BHH model in January. The Bergen pilot for the BHH model has shown some very positive initial results by effectively managing the complex medical and behavioral challenges of youth and preventing the need for out of home treatment.
- 6) **CIACC Needs Assessment** Liz Manley has been working with Georgetown University to develop a county needs assessment to be distributed through the CIACC's via Survey Monkey. The goal is to get a base line in each county on the services that exist in the county, services that are perceived as being needed and gaps in service. We will release the survey to our CIACC's in

the fall and ask that it is distributed to all members and your networks. We want as many responses as possible.

- 7) **System Review:** Burlington County has been selected for the next CSOC System Review that will exam in the quality of work and services that we are providing to children and families. The System Review looks at a small sample of youth involved with CSOC: 4 youth involved with the CMO (2 of the youth are in out of home placement) and one youth involved with the MRSS unit. We will have the kick off in September, train teams of reviewers in October, and have the actual review in November.
- 8) **DCPP Pilot with MRSS in Mercer County.** CSOC and DCPP are developing a pilot where all children entering resource or relative care placement will be referred by the DCPP case worker to the Mobile Response unit for a trauma assessment. The goal is to provide services to address the trauma needs of these youth and decrease or eliminate placement disruption. This is not a change in policy or practice for CSOC. We recognize that any child removed from their parent and placed in a resource or relative placement has suffered a trauma and should be referred to CSOC for assessment and services.

Juvenile Justice Commission (JJC)

Currently 6 juveniles are in the custody of the JJC: 3 committed, 1 in a fields program, 2 in a more secure facility and 2 on parole.

Division of Child Protection and Permanency (DCP&P)

Dave Johnston reported that Morris DCP&P had a total of 195 referrals: Morris East 94; 75 Child Protective Services (CPS), 19 Child Welfare Services (CWS).
Morris West 101; 68 CPS, 33 CWS.

Department of Children and Families (DCF)

Jeena Williams reported on the results of the May quality review. Strengths identified were that youth are in very stable placements, under the best possible living arrangements and maintaining family connections. Areas of improvement are long term view, supporting families in the future and children's emotional and behavioral well-being.

There a three RFP'S currently out for providing training for prevention and family support, a federal grant for human trafficking support and, for regional diagnostic treatment centers. For more information: <http://nj.gov/dcf/>

Youth Services Coordinator Report

Jessica Mondino handed out the 2015 site visit schedule and advised the committee that each member must sign up for at least one visit.

Aging In/Out Task Force

The next meeting is scheduled for September 15, 2015.

Juvenile Detention Center/Youth Shelter

The JDC currently has 12 residents: 11 male and 1 female. 9 are from Morris, 2 are from Sussex, and 1 from Warren.

The Shelter currently has 8 residents: 7 males, 1 female.

SUBCOMMITTEE REPORTS

Planning

The subcommittee met on May 11, 2015.

The committee discussed the youth/provider surveys that were received

Next Meeting: Monday June 8, 2015 at 10 a.m. at the Morris County Department of Human Services, Morristown.

Systems Review April 27, 2015

The March 2015 minutes were reviewed and approved.

Care Management Organization – They ended the month of February with 578 youth, 396 from Morris and 182 from Sussex. During March, they received a total of 55 youth, 38 from Morris and 17 from Sussex. 46 youth were transitioned, 30 from Morris and 16 from Sussex. CMO ended the month with 587 youth, 404 from Morris and 183 from Sussex.

During March, they received a total of 3 14-day plans, all from Morris.

CCIS – There were 74 admission during March, 36 of which were from Morris with 5 readmits; 7 of which were from Sussex with no readmits. Youth & Family received 34 new clients, served 384 and had 125 in counseling services.

Mobile Response & Stabilization Services – Mobile Response received 82 calls which resulted in 67 dispatches. Of those dispatches, 43 were in Morris and 24 were in Sussex. MRSS closed 33 and had 244 families in stabilization at the end of the month. There were 9 school referrals, 5 of which were from Morris, 4 of which were from Sussex. Referring schools were Morris: John Hill in Boonton; Dover HS, Dover Middle School and Morris Hills HS. Sussex: Sussex Middle School, Byram Intermediate and 2 from Newton HS.

Family Support Organization –

FSO provided 27 hours of Peer Support Groups, with 60 people attending. There were 13 youth in Youth Partnership activities. FSO received 52 referrals, saw 29 new CMO families face to face, and provided 418.92 support group hours to 264 active CMO families. There were 14 warm line contacts, and 18 support groups.

Division of Child Protection & Permanency (DCP&P) – No report.

Children's System of Care – CSOC is applying for a SAMHSA grant targeting youth in out-of-home placement to make sure that the correct level of treatment is provided. They will pilot the program in Morris, Sussex and Middlesex counties by training residential staff in the 6 Core Strategies for Reducing Seclusion and Restraint Use and train all community partners in the Nurtured Heart Approach.

The DCF/DDD Support Services Survey is available through May 15th on Survey Monkey to identify gaps for children and adults with I/DD.

Morris County Youth Shelter –There are 5 youth in the Youth Shelter at the current time, 3 male and 2 female. There are 3 from Morris County, 0 from Sussex County, 2 from Warren County and 0 from Hunterdon County. The Shelter served 20 youth during the month of March: 16 from Morris, 1 from Sussex, 2 from Warren and 1 from Passaic.

Probation –

Sussex – There is a current census of 58; 36 formal, 22 deferred.

Morris – There are 70 cases pending, 42 added and 61 disposed of.

JJC – No report.

Morris Juvenile Detention Center –There are 11 youth in the Detention Center, 10 male 1 female. There are 7 from Morris, 2 from Sussex, 0 from Hunterdon and 2 from Warren.

Sussex County Detention Alternatives Program – There are currently 4 youth in Home Detention, all male. There are no youth in the Home Supervision Program.

Aging Out/Aging In Task Force – The next meeting is scheduled for May 19th.

System Struggles – Sarah Kepler raised the issue of an 18-year old in the JDC who needs inpatient substance abuse treatment for which her private insurance will not pay because she isn't going into treatment straight from detox. the problem is complicated because, although she is legally an adult, she is still in school, and there are system as well as insurance barriers to overcome.

System Successes – A JDC youth who had been in Jamesburg has been maintaining employment delivering pizza and is going to school.

*Next Meeting is scheduled for Tuesday, May 26th at **Family Intervention Services in Rockaway** at 9:30 am.

Legislative and DMC

The subcommittee met on May 6.

The committee discussed the tracked legislature as well as ways to make the meetings more efficient.

The next meeting will be October 7, 2015 at 11:00am at the Morris County Department of Human Services, Morristown.

Juvenile Firesetter Prevention Program

The subcommittee did not meet in April.

Next Meeting: June 11, 2015 11:30am at the Morris County Department of Human Services, Morristown.

Education Partnership

The subcommittee met on May 21, 2015.

The committee began planning the 2015-2016 school year trainings.

Next Meeting: June 8, 2015 1pm at 340 West Hanover Ave, Morristown.

OLD BUSINESS

No old business at this time.

NEW BUSINESS

No new business at this time.

GENERAL ANNOUNCEMENTS

**All hand outs will be redistributed via e-mail.*

Terri Belske reminded everyone that the Mental Health Association would be holding a wellness fair on May 28. The Public Forum for Consumers and Families will be held on June 9 from 5:30 to 8:00 p.m. at the Haggerty Center, Frelinghuysen Arboretum.

PUBLIC COMMENT

There was no public comment at the time.

NEXT MEETING

The next meeting is scheduled for Thursday, June 18, 2015 at 2:30 PM at 340 West Hanover Avenue.

ADJOURNMENT

At approximately 3:33pm, Member Jim Saylor moved to adjourn the meeting.

Respectfully submitted,

Jessica Mondino
Youth Services Coordinator

Original is signed and kept on file at the office of the Division of Community and Behavioral Health Services.