

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Parmesan w/Grated Cheese Packets Penne Pasta Marinara Spinach Tomato & Onion Salad Garlic Bread Raspberry Sherbet Minestrone Soup	4 Swedish Meatballs w/Gravy Egg Noodles Baby Carrots Fruited Jell-O Salad Buttermilk Biscuit Rice Pudding Vegetable Soup	5 Roast Loin of Pork w/Gravy Mashed Potatoes California Blend Vegetables Applesauce Corn Bread Soft Chocolate Chip Cookie Split Pea Soup	6 Breaded Tilapia w/ Tartar Rice Pilaf Broccoli Tossed Salad w/Dressing Garlic Bread Chocolate Ice Cream Cup Three Bean Soup	7 Italian Sausage & Peppers w/Onions Red Roasted Potatoes Italian Flat Green Beans Antipasto Salad Hoagie Roll Raspberry Sherbet Mushroom Barley Soup
10 Columbus Day All Sites Closed	11 Chicken Tenders w/ Honey Mustard Seasoned Potato Wedges Beets Creamy Cole Slaw Mixed Bridge Roll Soft Chocolate Chip Cookie Turkey Vegetable Soup	12 Stuffed Cabbage Mashed Potatoes Carrot Coins Three Bean Salad Dinner Roll Vanilla Pudding Corn Chowder Soup	13 California Burger on a Bun Lettuce, Tomato, & Onion Ketchup Home Fries Vegetable Medley Beet and Onion Salad Mixed Fruit Cup Vegetable Soup	14 Baked Honey Glazed Ham Mashed Sweet Potatoes Mixed Peas, Carrots, Corn Caesar Salad Dinner Roll Chocolate Ice Cream Cup Tomato Bisque Soup
17 Kielbasa w/Sauerkraut Mustard Spinach Roasted Red Potatoes Applesauce Hoagie Roll Ice Cream Sandwich Creamy Broccoli w/ Cheddar & Ham Soup	18 Crab Cake w/Tartar Sauce Garlic Mashed Potatoes Broccoli, Cauliflower, Carrots Potato Chips Pumpernickel Bread Fruited Yogurt Chicken Vegetable Soup	19 Breaded Chicken Filet w/ Lettuce, Tomato & Mayo Red Roasted Potatoes Green Beans Hamburger Bun Jell-O Cup Squash Bisque Soup	20 Pot Roast w/Gravy Mashed Potatoes Glazed Baby Carrots Antipasto Salad Dinner Roll Vanilla Ice Cream Cup Minestrone Soup	21 Chicken Stir Fry w/ Soy and Duck Sauce Rice Tropical Fruit Salad Chinese Noodles Chocolate Coconut Cake Egg Drop Soup
24 Chicken Salad Lettuce & Tomato Carrot Raisin Salad Beet and Onion Salad Rye (2X) Soft Chocolate Chip Cookie Lentil Soup	25 (2X) Hotdogs w/Sauerkraut Mustard, Ketchup, Relish Home Fries Corn Sugar Free Fruited Jell-o (2X) Hotdog Buns Diced Pears Creamy Carrot & Ginger Soup	26 Cheese Lasagna Meatballs Broccoli, Cauliflower & Carrots Romaine Salad w/Oranges Italian Bread Chocolate Éclair Bar Chicken Noodle Soup	27 Beef Taco Meat w/Taco Sauce w/Shredded Cheddar Cheese w/Sour Cream Spanish Rice Collard Greens Shredded Lettuce, Chopped Tomato (2X) Soft Taco Shells Orange Creamsicle Chicken & Rice Soup	28 Chicken Marsala Brown Rice Brussels Sprouts Tossed Salad w/ Dressing Dinner Roll Fruited Yogurt Navy Bean Soup
31 Roast Turkey Breast w/Gravy Mashed Potatoes Zucchini w/ Tomato Sauce Cranberry Sauce Tossed Salad w/Dressing Dinner Roll Halloween Cupcake Creamy Pumpkin Bisque Soup	<h1>MIDDAY FRIENDSHIP MENU</h1> <h2>OCTOBER 2016</h2>			