

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY**

MIDDAY FRIENDSHIP MENU SEPTEMBER 2016

MIDDAY FRIENDSHIP MENU SEPTEMBER 2016					1 Baked Honey Glazed Ham Mashed Sweet Potatoes Cauliflower Caesar Salad Dinner Roll Chocolate Ice Cream Cup Beef Noodle Soup	2 Eggplant Rolatini Penne w/Marinara Sauce Italian Mixed Vegetables Romaine Salad w/Oranges Italian Bread Soft Oatmeal Raisin Cookie Split Pea w/Ham Soup
5 HAPPY LABOR DAY ALL SITES CLOSED	6 BBQ Pork Riblet Baked Beans Mixed Peas, Carrots, Corn Coleslaw Hoagie Roll Vanilla Ice Cream Vegetable Soup	7 Pollock w/Dill Cream Sauce Wild Rice Sautéed Spinach Tossed Salad w/Dressing Dinner Roll Rice Pudding Corn Chowder Soup	8 Ham and American Lettuce & Tomato Cole Slaw Tomato Salad Hard Roll Chocolate E'clair Bar Chicken Noodle Soup	9 Stuffed Cabbage Mashed Potatoes Baby Carrots Romaine Salad w/Oranges Dinner Roll Fruited Yogurt Mushroom Barley Soup		
12 Baked Chicken Leg w/Gravy Rice Pilaf California Blend Vegetables Three Bean Salad Buttermilk Biscuit Tropical Fruit Salad Cream of Broccoli Soup	13 Beef Taco Meat w/Taco Sauce w/Shredded Cheddar Cheese Spanish Rice Collard Greens Shredded Lettuce, Chopped Tomato (2X) Soft Taco Shells Fruited Yogurt Lentil Soup	14 Egg Salad Lettuce & Tomato Carrot Raisin Salad Beet and Onion Salad Rye Bread (2X) Orange Creamsickle Pop Squash Bisque Soup	15 Beef Stroganoff Egg Noodles Broccoli Tossed Salad w/ Dressing Dinner Roll Brownie Chicken & Rice Soup	16 California Burger on a Bun Lettuce, Tomato, & Onion Ketchup Baked Potato Wedges Vegetable Medley Carrot Raisin Salad Mixed Fruit Cup Vegetable Soup		
19 Chicken Stir Fry Rice Tropical Fruit Salad Chinese Noodles Chocolate Coconut Cake Egg Drop Soup	20 Turkey & Swiss Cheese Lettuce & Tomato Macaroni Salad Tomato Salad Hard Roll Raspberry Sherbet Creamy Carrot & Ginger Soup	21 Kielbasa w/Sauerkraut Mustard Mixed Peas, Corn, Carrots Roasted Red Potatoes Applesauce Hoagie Roll Fruited Yogurt Chicken Noodle Soup	22 Chicken Marsala Brussels Sprouts Brown Rice Anti Pasto Salad Dinner Roll Fudge Pop New England Chowder Soup	23 Pot Roast w/Gravy Mashed Potatoes Broccoli, Cauliflower, Carrots Romaine Salad w/ Mandarin Oranges Italian Bread Lemon Sherbet Navy Bean Soup		
26 (2X) Hotdogs w/Sauerkraut Mustard, Ketchup, Relish Potato Wedges California Blend Vegetables Apple Sauce Cups (2X) Hot Dog Buns Tropical Fruit Cup Minestrone Soup	27 Breaded Chicken Filet w/ Lettuce, Tomato & Mayo Red Roasted Potatoes Green Beans Hamburger Bun Ice Cream Sandwich Corn Chowder Soup	28 Roast Turkey Breast w/Gravy Mashed Potatoes Beets Cranberry Sauce Tossed Salad Dinner Roll Orange Sherbet Manhattan Clam Chowder Soup	29 *BRUNCH FOR LUNCH* Egg Patties 2 x's Mini Buttermilk Biscuit Home Fried Potatoes (2x) Turkey Sausage Patties Mandarin Oranges Fruited Yogurt Chicken Vegetable Soup	30 Chicken Salad Lettuce & Tomato Carrot Raisin Salad Three Bean Salad Rye (2X) Soft Chocolate Chip Cookie Creamy Tomato Soup		

TAMMI BROWN-DIRECTOR**PLEASE CALL 973-285-6856 FOR THE NUTRITION CENTER NEAR YOU!****MENU IS SUBJECT TO CHANGE**